

# ***The Power Of Your “I AM” Presence***

*“I AM” DECREES*

***Saint Germain***

# ***Calling Forth the Power of your “I AM Presence”***

## ***The Energy of God***

***“Whenever you say, “I AM”, you are setting the Pure Energy of God into motion, uncolored by human concepts. This is the only way of keeping the pure energy of God uncontaminated by human qualification.”***

***“Enormous results can be had in a short time by the determined use of these affirmations.” –Saint Germain, “I AM” Discourses (p. 85)***

***“The Energy of God becomes Power through conscious use.”***

***To maintain a tranquil, sweet disposition in the face of all things is the certain road to Self-control and Absolute Mastery.***

*This is much more important than any of you can possibly understand at this time for your attainment of all that you desire. (p. 163)*

*"To throw everything to the winds and stand joyously and determinedly in that "One Mighty Presence which 'I AM'", enables each one to have a continuous stream of victories marked down to his or her benefit.*

*No effort ever made in the "Name and Presence which 'I AM'", can never fail; but must go forward from one Victory to another until one attains and is able to use the Scepter of his Full Dominion."*

*The correct way to call into action the Law of Forgiveness is to say:*

**❖ "'I AM' the Law of Forgiveness and the Consuming Flame of all inharmonious action and human consciousness."**

*This sets into motion the completed Action. When you use the statement:*

**❖ "I call on the Law of Forgiveness",**

*you are not always completing the action, because you need to be conscious of who and where that Intelligence is which enables it to be done."(p. 165)*

***I send forth to each of you and the students a Conscious Ball of Light enveloping the heart and brain of each one, that they may receive more continuously the conscious Blessing of the "Mighty I AM Presence."***

*To those blessed ones who find disturbance in the home at times:*

**❖ "I AM' the Conquering Presence, commanding Peace, Love and Harmony in any home and environment."**

*"To build this into the consciousness is recognizing the "I AM Presence" as the Ruling Power in their homes, for It is naturally the Ruling Presence."*

*To maintain Self-control, sit quietly for five minutes, feel deeply and think to yourself:*

**❖ "I AM' Loving Charity." -brings a sense of great relief.**

*When one first feels the least disturbance, quickly take the consciousness:*

**❖ "I AM' the Commanding Presence, and I maintain my consciousness here."**

*One must realize that in the command of the "I AM Presence", he has absolute Control of the body. The more anyone uses this, the more quickly does manifestations take place.*

**Q.** *If the Great Central Sun is the Heart Center of the Infinite, where is that which is the brain center?*

**A.** *In the Pure State, whether in the Infinite or the finite, when there is no imperfection, the brain and heart activity become One, for the motive power of all activity sent forth is Love from the Heart.*

*Therefore, in the Pure State, the heart and brain are synonymous, for within Divine Love is contained Love, Wisdom, and Power. (pp. 167-168)*

## ***“The conscious use of the "I AM Presence",***

*or the consciously directed use of this Eternal Energy to a given accomplishment, should at no time be anything but a most joyous effort. It should never seem like work or tension in any way, because when you declare:*

**❖ "I AM' the Presence, the Intelligence, directing this energy to a given purpose",**

*you set the Law in motion in a perfectly easy, calm manner.”*

*The student never chooses the Master, but the Master chooses the student. Did the student understand what consciousness he was to maintain, it would come about very much sooner.*

*For contacting the Ascended Masters, use:*

**❖ "I AM' the Presence preparing the way and bringing visible contact with the Beloved Ascended Masters."**

*You must realize deeply that when you say "I AM", it is the Full God-Power acting and knows no failure of any kind.*

***The one thing humanity needs most, and students above all else, is the firm rock and Consciousness of the "Mighty I AM Presence", upon which to stand safely and free from the pitfalls of outer concoctions.***

*When students and individuals have once learned of and acknowledged the "Mighty I AM Presence" and then allow their attention to longer be held by or upon outer things, whether it be consciously or unconsciously makes little difference; for they are deliberately turning their backs to the "Presence", which is the Source of their Being and the Life within them that enables them to move their bodies about."*

*The attention must always be on the "I AM" only.*

❖ **"'I AM' the Mighty 'I AM Presence' in Action." (pp. 168-175)**

## ***To negative suggestions from others, say:***

❖ **"'I AM the Presence', annulling all this, so it cannot affect me, my home or world."**

*To dissipate something that is voiced in your presence, say:*

❖ **"'I AM' the only Presence acting here."**

*To anything you do not wish to continue, say:*

❖ **"Through the Presence that 'I AM', this thing shall cease, now and forever."**

*When you really feel and mean a thing, you loose the power that does the thing. Try to realize the Limitless Power at your command."*

*Anything that gets your attention is a subtle activity of the outer to pull you away from your Freedom. For financial Freedom, say often:*

❖ **"'I AM' the riches of God flowing into my hands and use that nothing can stop."**

*•Say often:*

❖ **"The 'Presence I AM' governs every existing channel in manifestation. It governs all."**

*For cleanliness, use frequently:*

❖ **"'I AM the Presence' here, keeping my clothes and home perfectly spotless."**

*The more you consciously act upon a thing the more concentrated it becomes.*

*When you say:*

❖ **"The Presence that 'I AM', charge this.....with....." you can charge the water so powerfully that it boils with the power of the energy there.**

*Do not let anything question in your mind as to whether your command worked or not. Whenever commanding, say:*

❖ **"I know it is acting with Full Power."**

## ***Those who have been having unpleasant experiences***

*should consciously withdraw from those conditions all power they have been giving them, mostly unknowingly. When it is necessary to discuss some condition to understand it, immediately follow by withdrawing any power that has been given it, and then know:*

**❖ "I AM' the Harmonious Presence, ever-pervading whatever the condition may be."**

*Hold with determination to the following Statement, to keep home clear of anything undesirable:*

**❖ "I AM' the Governing Presence, governing in Perfect Divine Order, commanding Harmony, Happiness, and the Presence of God's Opulence in my mind, my home, and my world."**

**❖** *When I say: "I AM' the Governing Presence", "I AM" fully consciously aware that I have set into motion the Full Power and Intelligence of God producing the desired conditions, and that they are thus Self-sustained.*

## ***When you use the expression:***

❖ **"'I AM the Presence' in my mind, home, and world",**

*you are calling forth the Assistance of the "I AM", or God Presence, into your home and world, of whomever contacts it." (p. 186)*

*Do not be discouraged if you do not see immediate manifestation of this harmony which you desire but go right on feeling the "Conquering I AM Presence." Do you not see that in the Consciousness, there is no other Presence to act, except what you are conscious of.*

❖ **"'I AM the Conquering Presence!' I command this 'I AM Presence' to govern perfectly my mind, home, affairs and world."**

*A simple but very wonderful thing is for one to give praise every night and morning for that magnificent Presence of life which animates the mind and body. It is a tremendous thing to feel deeply this thanksgiving for the Presence of Life which holds within Itself all things. Just be grateful to Life for all It is and contains.*

*The very Presence of Life enables Us to do the things we are conscious of and desire to do, because we cannot move without this Presence. We cannot even think without It." (p. 191)*

❖ **"'I AM the Presence' thinking through this mind and body."**

***The very simple thing, if students could only understand and apply it, is to absolutely keep the mind off every personality and know only:***

**❖ "I AM' the only Presence there."**

*If one continues to hold steadfast and sincerely to the Light, personalities will be swept aside, or harmoniously disconnected from the individual's world.*

*At this state of growth, or rather, expansion of the Light, it is necessary to know:*

**❖ "I AM' the Active Presence of all channels of distribution of all things acting for my good."**

*When the thought comes "This is all I have", nip it in the bud and say:*

**❖ "I AM' the opulence of God in my hands and use today."**

## ***"'I AM' the Pure Mind of God."***

*It is so important to get away from the importance of money. It is but a means of exchange. Do not give it power.*

*If you need money, say:*

**❖"'I AM' the Active Presence, bringing this money into my hands and use instantly."**

*Put all your power back with God, and then when you command -no matter what it is you want -you will have all power instantly on hand to bring forth the fulfillment of your Decree.*

*The vibration within any element is always the Breath of God, Eternally Self-sustained. All pulsation is the Breath of God. The simple consciousness that:*

**❖"'I AM the Presence' of Perfect Health" -is this Breath of God acting.**

**❖"'I AM the Presence' of forgiveness in the mind and heart of every one of God's Children." -releases enormous vibratory action after its kind.**

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