

# *The Power Of Your “I AM” Presence*

*“I AM” DECREES*

***Saint Germain***

# *Calling Forth the Power of your “I AM Presence”*

## *The Energy of God*

*“Whenever you say, “I AM”, you are setting the Pure Energy of God into motion, uncolored by human concepts. This is the only way of keeping the pure energy of God uncontaminated by human qualification.”*

*“Enormous results can be had in a short time by the determined use of these affirmations.” –Saint Germain, “I AM” Discourses (p. 85)*

***“The Energy of God becomes Power through conscious use.”***

# Acknowledging Your "I AM Presence"

*"Knowing that it is the Presence of God, "I AM", that beats your heart, then you know that your heart is the Voice of God speaking; and as you come to meditate upon the Great Truth:*

- ❖ *"'I AM' the Supreme Intelligent Activity through my mind and heart" - you will bring the True, Dependable, Divine Feeling into the heart."*

*"Mankind has not previously understood that Divine Love is a Power, a Presence, and Intelligence, a Light, that can be fanned into a Boundless Flame or Fire; and it is within the conscious intelligence of every individual, especially students of the Light, to so create and generate this "Presence of Love" that It becomes an Invincible, Exhaustless, Peace-commanding "Presence" wherever the conscious individual desires to direct It." - Saint Germain, "I AM" Discourses (p. 117)*

# *Blessing and holding others in the Light*

*"When you bless others, or visualize them in the Light, there is a double activity of the quality you send out. In doing this there is a certain amount of protection that is the automatic result, but the thought and quality in the Light and blessing registers principally within one's own consciousness, and at the same time intensifies that quality in the one to whom it is sent." (p. 155)*

*Take the eternal stand that:*

- ❖ *"I AM' what I want to be."*
- ❖ *"I AM' the Presence there - governing and healing the situation."*
- ❖ *"I AM' the Governing Presence of this Energy and the only Power that can raise it. 'I AM' the Presence raising and transcending it, and that action is forever Self-sustained."*
- ❖ *Know: "I AM' the Presence doing this, and therefore it is done now, for God's Activity is always instantaneous."*

*If you speak of freedom for yourself, be sure and give it first to everyone else.*

*When there is a condition in another you wish to help, use the following:*

- ❖ *"I AM' the perfect Manifestation there."*

# *Blessing and holding others in the Light*

*It is a mistake to let sympathy draw you into conditions that are very destructive. Take the stand:*

❖ *"'I AM' the only Presence acting there."*

*For those who have passed into so-called death:*

❖ *"'I AM' the Presence holding that individual in the sphere where he belongs, teaching and enlightening him."*

# Growing Confidence In Your “I AM Presence”...

- ❖ “I AM' the Resurrection and the Life.”
- ❖ “I AM' the Energy you use in every action.”
- ❖ “I AM' the Light, illumining every cell of your Being.”
- ❖ “I AM' the Intelligence, the Wisdom, directing your every effort.”
- ❖ “I AM' the Substance, omnipresent, without limit, which you may use and bring into form without any limit.”
- ❖ “I AM' Thy Strength - Thy Perfect Understanding.”
- ❖ “I AM' Thy Ability to apply it constantly.”
- ❖ “I AM' the Truth that gives you now Perfect Freedom.”



# Still Mo' Confidence!

*One cannot long use the Statement "I AM", even intellectually, until he begins to feel deeper and deeper conviction that:*

- ❖ "'I AM' all things."
- ❖ "When I say 'I AM', 'I AM' setting in motion the Limitless Power of God in whatever I couple the expression 'I AM' with."

*You must know that you have the power through the "I AM Presence" to consciously qualify your thought in whatever way you will. (pp. 152-154)*

*For the Brain:*

- ❖ "'I AM' the quickening of the cells of this (my or your) brain structure, causing it to expand and receive the Intelligent Direction of the Mighty Inner Presence."
- ❖ Say often: "'I AM' the Master Within, governing and controlling all my thought processing in full Christ Perfection as I wish them to be."

*The pulsation in all substance is the "Breath of God" acting.*

- ❖ "'I AM' the Perfect Energy of every Breath I Breathe. 'I AM' the pure atmosphere of my world."
- ❖ "'I AM' the Presence filling my world with Perfection this day."

*Do not be concerned about personalities. To take the stand:*

- ❖ "'I AM' Perfection acting through any official" - *would impel the 'I AM' Power and Action there.*

*The first thing in the morning, say:*

- ❖ "I qualify everything in my world this day with Perfection, because 'I AM' Perfection. I qualify this mind and body with Absolute Perfection and refuse acceptance of anything else."
- ❖ "'I AM' the Miracle, and 'I AM' the Presence compelling its manifestation through Divine Love, Wisdom and Power."

*When individuals come and ask about certain use of the Law, always preface your statement with:*

- ❖ "You are an individual of free will, but this is the way I feel about it."



