

The Power Of Your “I AM” Presence

“I AM” DECREES

Saint Germain

Calling Forth the Power of your “I AM Presence”

The Energy of God

“Whenever you say, “I AM”, you are setting the Pure Energy of God into motion, uncolored by human concepts.

This is the only way of keeping the pure energy of God uncontaminated by human qualification.”

“Enormous results can be had in a short time by the determined use of these affirmations.” –Saint Germain, “I AM” Discourses (p. 85)

“The Energy of God becomes Power through conscious use.”

"The training which We are endeavoring to give forth to bless, protect and enlighten the students is to train one's self to be on guard at all times; and while all should understand and with every effort use the "I AM Presence" to maintain Self-control, yet if something happens unexpectedly, to stand serene in spite of it.

Use the Statement frequently:

❖ ***"'I AM' the Presence' on guard."***

If something unexpected happens, just say:

❖ ***"We will dismiss this" and go on in joyous happiness.***

Try not to have any feeling, but to know: "'I AM the Mighty Presence' governing everyone's activity."

Whenever there is a Center of Light of the Intensity of this focus, there is always the disturbing element that would seek to enter through someone.

*If you are working about the house, **keep using:***

❖ ***"'I AM' proof against any sudden disturbance."***

This sets up a certain armor that will keep the atmosphere harmonized.

Use often:

❖ ***"'I AM the Presence' which nothing can disturb."***

"As you pass along the Pathway of Light, you will find the easiest way to overcome disturbance is to turn away from a thing - and forget it."

To wrong activities say:

❖ ***"That is not correct", and then quickly pass it off.***

This avoids a disturbance which builds.

"As we reach into the Light, we are one Great Family. Knowing that there is but the "One Great I AM Presence" everywhere, you, being the individualization of That, there can only be the one Great Family, Children of the One God."

In the very first place, let this be understood: if a worthy individual is critical, say with very definite certainty:

❖ ***"There is no one who wishes to intrude this upon your free will. We do not mind sincere questioning, but we do not tolerate criticism nor argument."***

It is very difficult for the average individual to understand that the quickest way to stop any kind of disturbance is to stop discussing it. The thing in your own aura is the only thing that needs attention. The thing recorded in your atmosphere can only come through your feeling." (pp. 279-280)

When a feeling is registered in your atmosphere, it is anchored there until you dissolve or consume it. It is always the feeling that makes the Inner record.

THERE IS NO USE CONSUMING A THING IF YOU DO NOT BREAK THE HABIT OF GENERATING THE CAUSE. ONE CAN EASILY CONQUER THIS BY SAYING:

❖ ***"I AM' IN COMMAND HERE."***

DO NOT LET YOUR FEELINGS RUN RAMPANT." (P. 281)

"If one will maintain harmony within himself, I tell you, he will draw all good things unto him."

"The moment there is something discordant, it is the prompter warning you to get busy on yourself."

Each individual is his own guard and prompter at all times."

"There is only One Power in the world that can correct anything, and that is the "I AM Presence" in each one. (p. 282)

If one will correct himself on these discordant feelings, he will let the "Great I AM Presence" flood his world with all Perfection. If the individual will not correct himself, how can he ever gain the Eternal Victory?

The "I AM Presence" is the All-Power of the Universe to make this correction. Let the "I AM Presence" flow until It washes everything clean."

"If you will stop the discord, the "Stream of the 'I AM Presence'" automatically cleanses away all impurities." (p. 283)

"The correct attitude of the student who becomes aware of his "I AM Presence" is immediately to take the firm stand that:

❖ "'I AM' invincibly protected against any imperfect suggestion."

Thus one can build about himself an atmosphere which will immediately repel all suggestions that seek to intrude wherein there is a destructive element."

Those students who really begin to understand that in the recognition and use of their "I AM Presence" they have the Universal Power at their command, then they know it is impossible to fail in their application, because the more they use It, the more of Its sustaining Power they have.

"Always remember that you are the Master of what shall come into your thought world, and unless you realize that you are the Master, you are susceptible to all kinds of thoughts and feelings." (pp. 285-286)

EVERY TIME YOU FEEL A CHRIST MANIFESTATION, SAY:

❖ "I PRAISE THEE AND ACCEPT THE LIGHT OF THY PRESENCE, THE 'FULL I AM ACTIVITY.'"

***“Now, in the recognition of the "Mighty I AM Presence",
fully accept Its Perfection every hour of the day.***

***This does not mean that you have to dwell on this by the hour, but you can at
least assert once every hour of the waking state:***

***❖ "I do accept the full Activity of my 'Mighty I AM Presence.'"
(P. 295)***

***"What you entertain in your consciousness will find expression in your Life and
world." (p. 296)***

"While repetition is good and is oftentimes required to produce a deeper conviction, yet in the present advancement of the students they should become more conscious of Its innate, inherent, Self-sustaining Power.

This would give the outer consciousness a fuller comprehension of the sustaining Power, so that if the outer activity of the mind is occupied with other duties, it can send forth the charge of the "I AM" into any achievement once an hour without in any way interfering with the student's work."

This application might be very helpful:

- ❖ ***"I AM the Mighty Presence' commanding the time, all the time I require, for the realization and application of this Mighty Truth."***

Or, many times during the day, for a few moments take the consciousness that:

- ❖ ***"I AM' the only Intelligence and Presence acting."***

Warning: *Do not give recognition to anyone who is a tool for the sinister force. Simply know one thing only:*

❖ ***"There is only the 'I AM Presence', Intelligence, Light and Power acting."***

Do not be concerned about any personal activity of any kind whatsoever at any time.

The student's business is to see Perfection, feel It and be It, no matter what any human appearance seems to be." (pp. 298-299)

"I say to the beloved students: Awake, O Beloved Students, to your authority, to your right, to your conscious ability to apply this Great Law to your Perfect health, eternal youth and beauty, the riches of God, the glorifying of your mind and body, and then to Ascend into the Arisen Dominion, into your Eternal, Everlasting Freedom."

"You are the Master and have Dominion in your Life and over your world the moment you recognize that the Energy, Power and Intelligence which you are using is the "Mighty I AM Presence." (p. 290)

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