

# *The Power Of Your “I AM” Presence*

*“I AM” DECREES*

*Saint Germain*

# *Calling Forth the Power of your “I AM Presence”*

## *The Energy of God*

*“Whenever you say, “I AM”, you are setting the Pure Energy of God into motion, uncolored by human concepts. This is the only way of keeping the pure energy of God uncontaminated by human qualification.”*

*“Enormous results can be had in a short time by the determined use of these affirmations.” –Saint Germain, “I AM” Discourses (p. 85)*

*“The Energy of God becomes Power through conscious use.”*

# ***Never consider anything in the world but the "Great I AM".***

*Watch and govern your feeling, for if you do not, it will lead to a point where it will catch you unawares. Many times, the student who knows the Law, when something comes up and he is disappointed, should turn to the "I AM Presence" immediately and ask what is to be done; but instead he so often holds the attention on the disappointment, and then it sometimes almost takes an earthquake to shake him loose from it.*

*Take the Statement:*

- ❖ ***"This resistance must give way, and sight and hearing must come through."***

*Take the firm Statement:*

- ❖ ***"'I AM' the Presence of your perfect sight and hearing", to heal those conditions.***

*Each should take the Statement:*

- ❖ ***"'I AM' my Perfect sight and hearing." (pp. 204-205)***

Resistance has nothing whatever to do with discord.

**Resistance is a Natural Law. Discord is a human creation.**

*Take the dynamic consciousness:*

❖ **"'I AM' the Pure Mind of God in everyone present here."**

*-This shuts out human desire.*

*Take the consciousness:*

❖ **"'I AM' the governing Presence of this."**

*The desire first comes in the mind, and if you take the consciousness:*

❖ **"'I AM' the Pure Mind of God", it consumes the thought and keeps the human mind clear from the desire entirely." (pp. 216-217)**

***God is the Principle of all Life,  
and each Child of God is an individualized, conscious,  
active part of that One Great Principle of Life and Love and Power.  
(pp. 208-209)***

"Use this Statement with all the enthusiasm you can command:

- ❖ ***"'I AM', 'I AM', I know 'I AM' the use of God's Limitless Opulence."***

*The students who maintain a loving blessing to each other are really held in the "Embrace of the Great 'I AM Presence', and when they acknowledge Its action, they are commanding the same blessing and action for the other students that they are for themselves.*

*When there is a group of students in accord, working from the same principle, and they use this Statement, they not only bring into their own world and use this Great Opulence, but they bless their associate students with the same thing, because,*

- ❖ ***"'I Am the Presence' in each one."***

*This is the mighty power of cooperative action which everyone should use.*

***“The Stream of Life flowing through the mind and body always comes in pure and unadulterated, containing within It all strength, courage, energy and wisdom that can ever be desired;***

*but the lack of control of their thought and feeling, ones are unknowingly requalifying this Pure Essence with the outer ideas upon which the attention has been fixed.”*

*To form the the habit every moment the mind is not otherwise occupied of being Self-conscious that:*

❖ ***“I AM' the only Intelligence acting”,***

*will keep that Mighty, Wonderful Stream of Life from being discolored by the wrong conceptions of the outer activity of the mind. This is the simple secret of really all Perfection - if one can but comprehend it.” (pp. 211-212)*

# Self-Encouragement:

*When critical or disturbing thoughts try to find entrance into your consciousness, slam the door quickly and command them to be gone forever. Do not give them a chance, nor time to gain a foothold, remembering always that you have the Strength and the sustaining Power of the "Mighty I AM Presence" to do this. Should you have difficulty in holding the door shut, talk to your "I AM" and say:*

❖ ***"See here! I need help! See that the door to this disturbance is closed and kept closed forever."***

*Beloved Brothers and Sisters, when you look into the mirror, say to that which you see there:*

❖ ***"Through the Intelligence and Beauty which 'I AM', I command you to take on Perfect Beauty of form, for 'I AM' that Beauty in every cell of which you are composed. You shall respond to my command and become radiantly beautiful in every way, in thought, word, feeling and form. 'I AM' the Fire and Beauty of your eyes, and I carry forth this Radiant Energy into everything into which I look."***

*Thus you can cause to come into your appearance the Perfection which will give you all the encouragement you want, to know that*

❖ ***"'I AM' always the Governing Presence." (pp. 231-233)***

*Students oftentimes wonder why they have so many conditions in their experience to handle as they become more and more sensitive. It is because they see an appearance which they have been taught to know is not real, and by allowing their attention to become fixed upon it, they not only invite, but force it into their worlds, and then have a battle in order to clean house.*

*This can be avoided by instantly taking the attention off the appearance and knowing:*

❖ *"'I AM', 'I AM', I KNOW 'I AM' free from this thing forever - no matter what it is."*

*If one keeps silently seeing a discrepancy in another, it is even worse than the spoken word, for it allows the force to accumulate. When discrepancies are forced upon your attention, simply say to your "I AM Presence":*

❖ *"There is the 'I AM Presence' within that person, and with the human I am not concerned."*

*It matters not whether it is a person or inanimate object, the moment you see an imperfection, you are forcing that quality into your own experience. This is so important, it cannot be stressed enough.*

*Take the stand with everyone:*

❖ *"There is only the 'I AM Presence' acting there in that person."*

❖ *"'I AM' is all there is, everywhere present, visible and invisible." (pp. 238-239)*

***I wish each one of you to go by yourselves sometime during the day for at least five minutes and talk to your "I AM Presence" something like this:***

*"Great Masterful Presence which 'I AM'! I love, I adore Thee. I give back to Thee the fullness of all Creative Power, all Love, all Wisdom, and through this Power which Thou art, I give Thee full power to make visible in my hands and use the fulfillment of my every desire. I no longer claim and power as my own, for I now claim Thee, the Only and All-Conquering Presence in my home, My Life, my world and my experience.*

*I acknowledge Thy Full Supremacy and Command of all things; and as my consciousness is fixed upon an achievement, Your Invincible Presence and Intelligence takes command and brings the fulfillment into my experience quickly - even with the speed of thought.*

*I know Thou art ruler over time, place and space. Therefore, Thou requirest only now to bring into the visible activity Thy every Perfection. I stand absolutely firm in the full acceptance of this, now and forever, and I shall not allow my mind to waver from it, for at last, I know we are One." (P. 229)*

*“I AM” Discourses, Vol. 3, Saint Germain –Saint Germain Press*

*Win Ruffin 2020*